

Braised spring onion with lemon verbena, bell pepper and flax seeds



HEALTH IMPACT

%Recommended intake (RI) per serving

Énergie (Kcal)	87 kcal	4%
Energy (KJ)	366 kJ	4%
Lipids	7.4 g	11%
Saturated Fatty Acids	0.8 g	4%
Carbohydrates	3.2 g	
Sugar	1.7 g	
Proteins	1.5 g	3%
Salt	1.2 g	19%
Fibers	1.4 g	5%

ALLERGENS

↑ Celery

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